

July 25 Meeting: Al Snow, Ohio Valley Wrestling



The July 25th meeting at the University Club will feature **Al Snow, Ohio Valley Wrestling**.

The menu is Texas Chili with cornbread; a salad with grilled chicken or a vegetarian/vegan and/or gluten-free option is available upon advance request.

RSVP by NOON on Tuesday, July 23 HERE.

There is a \$5 meeting fee for those who choose not to purchase a meal this will include a dessert and tea/coffee/water and, of course, a fantastic program. You can pay \$5 cash, check or scan the QR code at check-in to pay with a credit card.

Click Read More to view Speaker Bio: Read More

August 1 Meeting: Dave Christopher, AMPED



The August 1st meeting at the University Club will feature **Dave Christopher**, **Sr.**, President & Founder of AMPED.

The menu is spaghetti with meatballs; a salad with grilled chicken or a vegetarian/vegan and/or gluten-free option is available upon advance request.

RSVP by NOON on Monday, July 29 HERE.

There is a \$5 meeting fee for those who choose not to purchase a meal this will include a dessert and tea/coffee/water and, of course, a fantastic program. You can pay \$5 cash, check or scan the QR code at check-in to pay with a credit card.

Click Read More to view Speaker Bio: Read More

New Member Service Project at SOS: August 13

By Jay Mallory

Join us on Tuesday, August 13, from 5:30 - 7:30 p.m. at <u>SOS</u> for our new member service project. All are welcome - this is an excellent opportunity to serve alongside and get acquainted with some of our newer members.

We will be sorting and packing supplies to be redistributed to those in need. SOS meets critical health care needs in medically impoverished communities in 106 countries around the world by collecting and distributing surplus medical supplies and equipment. Partnering with hospitals, clinics, and manufacturers to recover and redistribute what would otherwise go into local landfills, SOS promotes environmental stewardship.

Please RSVP HERE.



Business Synergy Networking Event: August 20

By Jay Mallory

Rotarian **Alisa Gray** is hosting our next Business Synergy event on August 20 from 5:30 - 7:30 p.m. at the Kentucky Humane Society East Campus, 1000 Lyndon Ln. This informal networking event will include bites, beverages and furry friends!

Register for this free Business Synergy event **HERE** and invite a friend or two.



Welcoming a New Refugee Family

By Mary Ellen Harned

Our Rotary Club will welcome a new family to the United States this month! We will co-sponsor a Syrian family of 8 who have been living in Lebanon while waiting to be resettled. The HAJ ALI family, headed by the mother, includes two young adult children and five school-age children.

Our team has assembled most of the furnishings we'II need, but it will be necessary to buy consumables and groceries just prior to their arrival. If you would like to help, please contribute Walmart or Kroger GIFT CARDS and we will make the necessary purchases. After arrival, the family can use the remaining gift cards to shop for themselves.

PLEASE BRING GIFT CARDS TO MEETING!

If you are willing to donate a Smart TV, microwave, twin sheet sets, or towels, please contact Team Leader **Mary Ellen Harned** who can arrange pickup: harneds@twc.com

Would you like to join our co-sponsorship team? Please contact Mary Ellen who can explain background check and training steps.

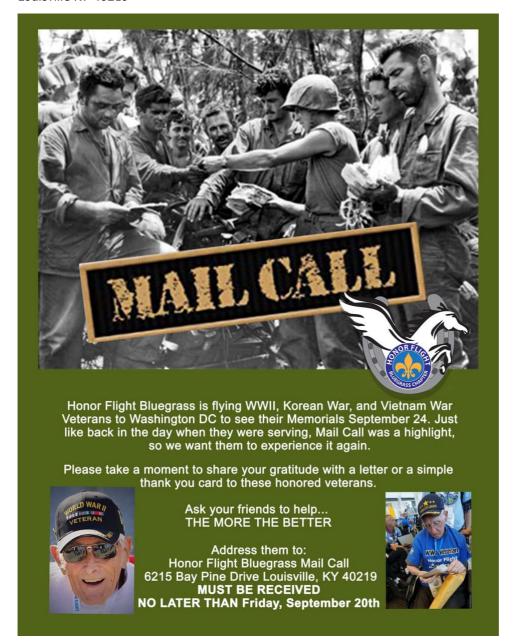




Honor Flight Bluegrass Mail Call Request

It is that time again when <u>Honor Flight Bluegrass</u> needs your help. There will be 80+ veterans flying to DC September 24. "Mail call" is always a time of great joy when the vets receive all the cards and letters. Let's put the pen to paper and get the cards and letters to HFB by September 20:

6215 Bay Pine Drive Louisville KY 40219



Rotary Leadership Fellows Kickoff Meeting

By Ashley Brauer

The Rotary Leadership Fellows kicked off the new Rotary year last week. Started by Baylor Landrum, the program is a 3-year professional development journey aimed at keeping the next generation of leaders in Louisville and engaged in our club.

Fellows met with their mentors and discussed their intentions for the coming year. Say hello to our Fellows next time you see them at a meeting or club activity:

• Antigone Mehani-Asghari (Mentor: Susan Zepeda)

Eric Gurevich (Mentor: Jan Grayson)
 Kelley Spillson (Mentor: Mitch Rue)

• Amalia Gamez Guerra (Mentor: Barbara Sexton Smith)

• Tonya Shive Augustine (Mentor: Julie Schmidt)

Maggie Roth (Mentor: Rick Harned)
Woo Smith (Mentor: Chris Nation)
Danielle Lavender (Mentor: Amy Luttrell)



Equine Therapy for LMPD Victims Unit

By Alisa Gray

Earlier this year, we hosted the Louisville Metro Police Department's Victims Unit, a team of 15, at Willow Hope Farm, thanks to a grant from the Rotary Fund. Director Nicole Carroll told me they were very much in need of some time to decompress, recharge and work on team building. We provided lunch and Equine Assisted Learning and Therapy with this incredible group and our horses. One of the exercises was a relay race while walking a horse and balancing a ball. If they dropped it, they had to sing. There were a lot of laughs, breathing and fun. They are a special, lifesaving team, and it was wonderful to spend time with them. Thank you to Rotary for supporting this much-needed day!

"The Louisville Metro Police Department's Victim Services Unit had the unique opportunity to partner with the Kentucky Humane Society and the Rotary Club to engage in mindfulness to address the vicarious trauma and burnout experienced by those in the unit. The trust developed between the horses and the victim services professionals helped to enhance emotional awareness, confidence, strength, and endurance.†- Nicole Carroll, M.S. Director of LMPD Victims Unit



Imagination Library Service Project: August 4

By Rick Harned



A TRULY FUN SERVICE OPPORTUNITY

For several years, our Club has supported Dolly Parton's <u>Imagination Library</u>, reaching more new parents to provide free age-appropriate books for their little ones and encouraging them to read to their children. This year, we have added service by helping the organization host a table at educational events to reach additional families.

Two Rotarians can really help at these upcoming events; you would be with a board member of the organization to help you know what to say!

- Sunday, August 4, 11 a.m. to 2 p.m., St Stephens Church
- Saturday, September 14, 10 a.m. to 2 p.m., Kentucky Science Center

If you can spare a couple of hours to enhance literacy in Louisville, please email rickharned@gmail.com.

Events & Opportunities: First Hour Grief Response

By Karen Meyer



What: 4th Annual Ben Koier Memorial Golf Outing

Organization: First Hour Grief Response

Date/Time: August 19, 8 a.m.

Location: Polo Fields Golf & Country Club

Description: First Hour Grief Response is there for those who experience a sudden or traumatic loss...able to provide much-needed services because many of you are there for us! This golf outing is in memory of Ben Koier, who tragically died after his car was hit by a drunk driver. Ben was 19. He is the son of one of our founders, Lisa Schardein.

More information: https://www.firsthourgrief.org/events/ Member to contact: Karen Meyer, karen@firsthourgrief.org

Events & Opportunities: Canopy

By Stephanie Kelley



What: Canopy Presents... Talent Talks: Young Voices on

Ideal Employers **Organization:** Canopy

Date/Time: August 22, 5:30 - 7:30 p.m.

Location: Horn Auditorium, UofL College of Business, 110

W Brandeis Ave.

Description: Join us for an insightful and dynamic panel discussion featuring bright millennial and Gen Z voices as they share their perspectives on what they seek from current and future employers. This event will provide a unique opportunity to hear directly from young professionals about their career aspirations, workplace values, and expectations in today's rapidly evolving job market. Following the panel, there will be opportunities to engage with Canopy Member Companies at exhibits in the College of Business Atrium. Meet with companies committed to reinvesting in their communities and learn how they differentiate themselves from other employers on the job market.

More information: Click HERE

Member to contact: Stephanie Kelley atskelley@canopyky.org.

Events & Opportunities: Leadership Louisville

By Paul Bolton



What: 2024 Leadership Louisville Luncheon **Organization:** Leadership Louisville Center **Date/Time:** August 28, 11 a.m. - 1 p.m.

Location: Kentucky International Convention Center

Description: The annual Leadership Louisville Luncheon is a must-attend civic event that gathers over 1,000 of the region's most influential leaders to build connections and together tackle the major issues of our time. The 2024 Luncheon promises a unique perspective on leadership,

featuring two of the state's newest and most prominent faces in sports: Pat Kelsey, Head Coach of the University of Louisville Men's Basketball team and Mark Pope, Head Coach of the University of Kentucky Men's Basketball team.

More information: https://join.leadershiplouisville.org/event/2024-leadership-louisville-luncheon/e593193

Member to contact: Paul Bolton, pbolton@leadershiplouisville.org

Events & Opportunities: Park Community Credit Union Foundation



What: 2024 Friendsgiving Gala

Organization: Park Community Credit Union Foundation

Date/Time: November 9, 6:00 p.m.

Location: Mellwood Arts Center, Van Gogh Room

Description: Join us in celebrating Park Community Credit

Union Foundation's local impact at our inaugural Friendsgiving Gala! This unique event celebrates

community connections with a twist on the traditional fall gathering. Eat, drink, and be thankful as you enjoy dinner and music from a live band, signature cocktails, an exciting

auction, and more!

More information: click **HERE**

Member to contact: Denise Sears, denise.sears@soshealthandhope.org

Note: This section features upcoming events and opportunities to serve with our nonprofit member organizations. Submissions must be from a member (or spouse/partner) of our Club who is either an employee or board member of the organization for which the event/opportunity is being shared. Click HERE to submit.

Events

July 24th, 5:30-6:30 PM **Re:Center Ministries Dinner** July 25th, 11:00-11:45 AM **Social Activities Committee Meeting**

July 25th, 1:00-2:00 PM

Service Projects & Grants Committee Meeting

August 8th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Dr. Paula Grisanti

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Dr. Paula Grisanti, National Stem Cell Foundation

August 15th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Tiffany Benjamin

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Tiffany Benjamin, Humana Foundation

August 22nd, 10:30-11:30 AM Lifeline Committee Meeting

August 22nd, 1:00-2:00 PM

Service Projects & Grants Committee Meeting

August 29th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Dr. Kim Schatzel

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Dr. Kim Schatzel, UofL President September 12th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Vivian Blade

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Vivian Blade, author Subject: Workplace Resiliency September 19th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Rear Admiral Ingrid Rader

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Rear Admiral Ingrid Rader Subject: America's Warfighting Navy September 25th, 5:30-6:30 PM **Re:Center Ministries Dinner** September 26th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Brian Johnson

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Brian Johnson, Dan O's Seasoning

July 25th, 10:30-11:30 AM **Lifeline Committee Meeting**

July 25th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Al Snow

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Al Snow, Ohio Valley Wrestling

August 1st, 11:30-1:00 PM

RCoL Weekly Club Meeting: Dave Christopher, Sr.

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Dave Christopher, Sr - AMPED

August 13th, 5:30-7:30 PM

New Member Service Project at SOS

Comment: SOS 1500 Arlington Ave Louisville, KY 40206

August 20th, 5:30-7:30 PM

Business Synergy

Comment: Kentucky Humane Society 1000 Lyndon Ln Louisville,

KY 40222

August 22nd, 11:30-1:00 PM

RCoL Weekly Club Meeting: Pat Mulloy

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208

Speaker: Pat Mulloy, Deputy Mayor for Economic Development

August 28th, 5:30-6:30 PM **Re:Center Ministries Dinner** September 5th, 11:30-1:00 PM **RCoL Weekly Club Meeting: TBD**

Comment: University Club of Louisville 200 E Brandeis Ave

Louisville, KY 40208 Speaker: TBD

September 17th, 8:30-9:30 AM

RHS Mentoring at Western High School

Comment: Western High School 2501 Rockford Ln Louisville, KY

40216

September 25th, 8:45-9:45 AM

RHS Mentoring at Iroquois High School

Comment: Iroquois High School 4615 Taylor Blvd Louisville, KY

40215

September 26th, 10:30-11:30 AM Lifeline Committee Meeting September 26th, 1:00-2:00 PM

Service Projects & Grants Committee Meeting

Birthdays



Tyler N. Allen July 23rd



Tony H. Coffey July 25th



Andre Kimo Stone Guess July 24th



John Lueken July 26th



G. Raymond Schuhmann July 28th

July 24th

Richard H.C. Clay



Miles Burkholder II July 25th



Morgan Hancock July 28th



Maria A Smith July 30th



Gary Dryden July 30th



Alan N. Singleton July 31st



Paul J. Bickel III July 31st



Anthony L. Newberry July 31st



Carl M. Thomas August 2nd



Barry Lee Dunn August 2nd



Charles B. Castner August 3rd



Robert M. Connolly August 3rd



Griffin Meredith August 4th



Paula C. Harshaw August 5th



Hulyn Farr August 6th



Matthew Riggle August 6th



Susan G. Zepeda Ph.D. August 8th



Dr. Swannie Jett August 9th

Club Leaders



<u>Lori Hudson Flanery</u> President



<u>Ken Selvaggi</u> President-Elect



Kevin Fields Secretary



<u>Craig Mooney</u> Treasurer



Claire Arnold Club Director



Christen Boone Club Director



Alice Bridges Club Director



Gary Dryden Club Director



Alisa O Gray Club Director



Maggie Payette Harlow Club Director



Kevin J McCarron Club Director



Harry Louis Seeger V Club Director



Rick W Smith Sr Club Director



<u>Louis Straub</u> Club Director



Amy Luttrell Rotary Foundation Chair



Susan G. Zepeda Ph.D. Service Projects Chair



Delene E Taylor Club Executive Secretary Webmaster



Alex E. Novak
International Service
Chair



<u>Kevin Lynch</u> iPast President

Contact Us:

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